

Volume 33,
Issue 3
October
2016

The Witness

Mount Saint Francis Cursillo Center
Mount Saint Francis, Indiana 47146



You are my witnesses, says the Lord, my servants whom I have chosen [Isaiah 43:10]

How am I living out my 4th day!

By: Mary Cox

These are my ramblings, observations and what I have learned and/or how I am living out my 4th day. The names have been changed to protect the humble.

I've learned that I am weak without my daily prayers. It is my armor for courage and it recharges my batteries each and every day to do better.

I learned that my faith walk is a lot like sports. I learned that I already had most of the tools and skills needed to grow in my faith journey. Most of the same tools and skills I used playing and coaching sports. I think of myself as a self-taught athlete. Being a cradle Catholic is a lot like being self-taught. You learn a lot very early in life and when you become an adult you have to figure out how to change what you learned as a child into what you need as an adult – thus self-taught.

I often think it's a gift that God made me an observer. I'm a people watcher. I watch a lot. So I have watched and observed all of you this past year. I see your struggles, your joy and your unending endurance to just keep going forward. These are attributes that I love about athletes too. Never give up, keep your eye on the ball, stay in the game. From this Sunday's readings – Keep your hand on the plow and keep moving forward.

As an athlete if you pull a muscle, you know you have to let it heal; you know that it will be a long, slow process. As an athlete you follow all the tricks and tips that others have told you, because your goal is to play again. Well my pray, study and piety muscles are weak. You guys have taught me to just keep praying, reading and sharing because my goal is to return to God, in as close to the version that HE knows I can be. During groups and Ultreya I have picked up lots of insights, tips and encouragement to improve those muscles.

As a coach I always taught my players that when you make a mistake, if you continue to focus on it, which is now in the past, you will only mess up the next play, the future. If I apply this to my faith journey - It's Let go, Let God and just keep moving. What can I do better? So I'm working on Let go and surrender to let things be what God wants and not what I want. I try to apply this to my work hours, my physical therapy hours, basically all my waking hours.

Colossians 3:23

Whatever you do, work at it with all your heart, as working for the Lord, not for human masters.

And as in sports I have a team - a faith journey team – my team increases and decrease with players, some are actively in the game and some spend time on the bench. Some I recruit and some have recruited me. I call all the players on my team - my Angels. It seems they are always there to help me out when I need those extra plays and prayers - My teammates. They say our Friends are angels who lift us to our feet when our wings have trouble remembering how to fly. And that is what my team of angels do. If a blocker in volleyball misses the hit ball of the opposing team, then there is someone beside and or behind her to dig the ball up before it hits the floor. As a blocker on my volleyball team I missed a lot of blocks. I miss a lot of blocks in my faith journey as well. But my team is there to lift me up.

In This Issue:

How am I living my 4th day	2
Witness Online	2
How am I living my 4th day	3
Prayer List	3
What is a Name	3
Cursillo News	4

How am I living out my 4th day! (Continue from page 1)

By: Mary Cox

One of my teammates, I'll call her Angel Barbie- She ask me many years ago to make a Christ Renews his Parish weekend at our parish – that was the beginning of my adult walk. Then three years ago she asked me to make a Cursillo, it took two years but she was consistent and finally I heard Gods call. She has the sweetest smile, which always lifts me up and we have talked several times about this feeling I had of not being ready, or being inadequate. She is my biggest cheerleader and always tells me that I am good enough.

I've learned that God loves me not because I'm good but because he made me.

During my weekend I learned that if I look in the mirror I should see the face of Jesus and I should not reject what God has made in his image. In sports I know that you aren't born to know how to play, so why did I expect to automatically know everything about my faith. I work at it and I get better. The more you play the better you get. I also found that in sports you learn most about the sport as you teach or coach someone else. It is the same on my faith walk, I was blessed to be on the last women's team and as I listened to the new chicks and cluck hens (of whom most sounded exactly like me) they also had that same feeling of being unworthy. But as I spoke, mostly repeating what had been told to me, by my Angels, it finally hit home for me. I am worthy. I am good enough. I am were I am and that's OK. So the whole team and my table of ladies on Cursillo #91 are also on my team of Angels. I learned that the more you share your faith the stronger you become. Practice, practice, practice.

Just as team sports, not individual sports work best for me, I learned that Grouping is essential for me. I was blessed to play volleyball with most of the same ladies for more than 30 years which is very unusual. So I know what a blessing my Group is. We bonded over my Cursillo weekend and a group made by heaven came about. It's funny how a group of women you wouldn't think would match up, work so well together but we do. Much like carrot cake – doesn't sound right, but it is.

In my group I have two dear Angels - Angel Twin – I call her that because I see myself in her, all my self-doubts, my fears of doing or saying something stupid, being inadequate. She is my twin born 15 years later and to a different mother. As I listen to her and see her growth – I grow. She's got my back and I hers. Also in my group I have Angel Sunshine – she is the best listener and always smiles and cheers me on. She always tells me I'm fine where I am. When I hear of someone who prays continuously I think of her, she has taught me that it's not how fast I walk or where I am on this journey, it's just that I am on it and keep moving.

Then there is my Angel Father B – he helped me realize that I have gifts that God gave me and I need to recognize and use those. Not moan about the gifts I don't have. He also helped to have an AHA moment because if God had gifted me with more gifts, I would be very tired trying to use all of them. So I learned to focus on what I have and not on what I don't have. I am not all things only he is.

I have learned that even the yellow dandelion is so beautiful to a child, that they will pick them as a gift and present them most precious to someone they love. All of my gifts are beautiful and needed; I just need to pray to recognize them and when to use them.

Instruct the uniformed: Lead by an example witness!

The Witness Online

For pictures, archived articles, and the latest Cursillo news, Please check out our website— www.cursillo.org/mtstfrancis. For Palanca and Communications via Cursillomsf@gmail.com.

***** HEADLINE *****

Get your rusty pen out and blow the dust off of that piece of paper and write an article on what your faith journey in the Cursillo Movement has been looking for you, submit it for the next publication of the witness. Go ahead it is simple to do.

**The Following
Cursillistas Need Your
Prayers**

The lost I will seek out,
the strayed I will bring
back, the injured I will
bind up, the sick I will
heal
Ezekiel 34:16

The Franciscan Friars
Brother Ambrose
Alan & Sharron Barker
Will & Rosie Block
Toni Broderick's Family
Stanley Byerley
Joe & Ann Marie
Camarata
Debbie & Steve Hall
Donna & Ron Robb
Carol Flum
Ron Campbell
Don & Sue Kochert
Kaye Hobbs
Ruth Houghton
Carol Lenfert
Lu Simpson
Alice Volpert
Cathy Reising
Bill Schwender
Connie McKinley's
Family
Fr. Mike Hilderbrand
Richard Becht's Family
Phyllis Schickel
Eric Hobaugh
The Mount Saint Francis
Cursillo Community
World Peace
Candidates for the up
coming Cursillo weekends

*Please help keep our
prayer list updated.
Contact Sr. Karen at 812-
949-3189 or send an email
to: karen102850@att.net*

How am I living out my 4th day! (Continue from page 2)

By: Mary Cox

Athletes need to be pumped up – if I hear the song “we will rock you” – I’m pumped and ready to play ball. I need to be pumped up in my faith as well and that is what my grouping, Ultreya and bible verses that I pick up at the YMCA, my friends faith Facebook posting and Pinterest pins do for me. They make me ready to get out of my comfort zone and shine my light.

"Nor do they light a lamp and then put it under a bushel basket; it is set on a lamp stand, where it gives light to all in the house. Just so, your light must shine before others, that they may see your good deeds and glorify your heavenly Father." (Matt. 5: 13 - 16)

With sports it's practice, practice, practice – with my faith journey, it's pray, pray, pray. I'm working on being the best version of myself that I can be. So my message is just look for your team of Angels and as God's athletes, stay in the game and just keep moving forward.

DECOLORES
Mary Cox
Cursillo #67 Mt St. Francis
Table of St. Kateri

What is a Name?

By: Jo Ann Reas

When I retired early in 2000, I just knew I was going to travel. In the 90's my friend and I went to Europe several times. We were always saving money, believe it or not, for a facelift. But before that would happen, we would always decide to spend our money on traveling. My traveling in the 21st century would be quite different then the art museums, Roman ruins and famous gardens. Instead I would go to Chicago about every 6 weeks with my mom, and see family pictures, interstate highways and my aunts flower garden. My Mom and I spent most of our time at my aunt's kitchen table, where we would laugh, cry, eat, drink and play cards.

One of those late night marathon kitchen table discussions, my aunt asked me a strange question. It was a question I had never been asked before or thought about. She asked me if I liked my name. My name is Jo Ann Marie. My last name had never really mattered to me after all I have had 3 different last name, but my first name has always been important to me. I told my aunt, yes I do like my name. Then I added that Jo Ann could be for St Joseph, St. John the Evangelist, St. John the Baptist, St John Vianney, St. Joan of Arc, The Blessed Mother's parents, St Joachim St Ann, and St. John XXIII. And of course my middle name Marie, for the Blessed Mother Herself. You get the picture. Our Lord knew us before our birth and has given us the wonderful gift of being named after the ones already close to him. I think about St Elizabeth's husband Zachariah was told by an Angel what to name their son - John. There is a reason we have been given a name. My spiritual namesakes inspire me and I lean on them in times of doubt and trouble. Thank you Lord for my name.

Make a friend, Be a friend, Bring a friend to Christ!



Mark your Calendars

Secretariat meets on 2nd Monday of each month 7:00PM. @ St. John Paul II - St. Joe Chapel - Old School Room.

Pilgrims Way meets on 3rd Monday of each month 7:00PM. @ St. John Paul II - St. Joe Chapel - Room next to gym.

Ultreya meets on 4th Monday of each month 7:00PM. @ St. John Paul II - St. Joe Chapel - Room next to the gym.

December 12 2016 6:30 PM Cursillo Christmas Fiesta (Bring an ornament with your named attached to be exchanged at the Christmas Tree and an appetizer to share with all)

August 3-6, 2017 Women's Cursillo @ Mount Saint Francis, Indiana

Next Men's Cursillo weekend: TBD, 2017 @ the Flaget Center. Louisville, Kentucky

NEWS We have several new position openings for help with the Secretariat, the positions of Parish Coordinators for the following parishes: Mount Saint Francis Center for Spirituality - St. Bernard Catholic Church - Saint John the Baptist, Starlight—The Catholic Church in Northern Clark, Co (St. Michael, Charleston – St. Francis, Henryville) - The Tri-Parish Catholic Community (St. Joseph, Corydon – St. Peter, Elizabeth – Most Precious Blood, New Middletown)

If you are interested in any of these positions please contact Bob Eberle at Photobugbob@aol.com or call 812-406-6566 and leave a message.

Secretariat

<u>POSITION</u>	<u>NAME</u>	<u>E-MAIL</u>
Lay Director	Ann Marie Camarata	jncamg72@twc.com
Spiritual Advisor	Sr. Karen Byerley	karen102850@att.net
Pilgrims Way	Joe Proctor	jproc79@gmail.com
Ultreya	Tish Kimbel	tshkmb1@twc.com
Pre-Cursillo	Tina Wheatley	blessedsmls89@gmail.com
3rd-Day	Frank LaPilusa	flapilusa@aol.com
Post-Cursillo	Bob Eberle	photobugbob@aol.com
Treasurer	Barbara Morris	bmorr43@yahoo.com
Secretary	Jo Ann Reas	reasjoo@gmail.com
Webpage	Steve Volpert	svolpert@twc.com
Witness Newsletter	Bob Eberle	photobugbob@aol.com
Historian / 5th Day	Don Kochert	gsrk1942@gmail.com
Communications & Palanca	Bob Eberle	cursillomsf@gmail.com

Wanted: Your witness articles

E-Mail your newsletter items to: photobugbob@aol.com, or mail to: Bob Eberle, 107 Millview Street, Sellersburg, Indiana 47172-1130

Printing done by the grace and good will of Eric Hobaugh @ Atlas Business Forms/502-409-2881. Your patronage is appreciated!

Address Service Requested

Conventual Franciscan Frars
Mt. Saint Francis Cursillo Center
101 Saint Anthony Drive
Mount Saint Francis, Indiana 47146 - 9001

Non Profit Org.
US POSTAGE
PAID
Mt. St. Francis, IN
PERMIT #1